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Dear colleague

## Buckinghamshire, Oxfordshire & Berkshire West Sustainability and Transformation Plan

As you may be aware, proposals are being developed to improve health and care in Buckinghamshire, Oxfordshire and Berkshire West to help our communities be the healthiest they can be, while making sure that services are affordable for years to come.

The Buckinghamshire, Oxfordshire and Berkshire West five-year Sustainability and Transformation Plan (STP) will set out the challenges and opportunities facing NHS and care services across the area. It will show how we will work together to improve health and wellbeing within the funds available. Our plan is one of 44 currently being developed across the country. The Buckinghamshire, Oxfordshire and Berkshire West (BOB) STP area includes seven Clinical Commissioning Groups (CCGs), six NHS Trusts and 14 local authorities.

Our proposals have taken into account the views people and organisations gave us during local engagement activities, such as '*Your Community, Your Care*' in Buckinghamshire, the '*Big Conversation*' in Oxfordshire and '*Call to Action*' events in Berkshire West. Similar activity will continue in communities and be led by local organisations.

To help describe our thinking about the challenges, priorities and opportunities, we have developed a summary document, which I have attached to this letter.

This document is also available online <u>http://www.wokinghamccg.nhs.uk/publications-policies</u>. It is still a draft and will be developed further in the New Year.

Although the STP covers a large area, the emphasis of the majority of proposals is on what can be achieved locally.

For example:

**In Buckinghamshire,** through plans we have been discussing with the public and partners across Buckinghamshire for some time (most recently through our 'Your Community, Your Care' engagement activities), to prevent ill health and offer people better, more joined-up care closer to home:

- trying new ways of working with people to help them stay healthy and to manage their own health conditions better
- working with our communities, public sector partners and the voluntary sector to develop 'community hubs' in each area with the right mix of services to meet local people's needs
- offering a wider range of tests and treatment locally (such as x-rays or physiotherapy), and exploring the benefits of online consultations, so people only need to travel to hospital when absolutely necessary
- joint teams of GPs, nurses and other specialists supporting frail older people, care home residents or people with complex health needs, so that fewer people end up needing emergency care in hospital, or staying in hospital for lengthy periods.

**In Oxfordshire,** we embarked on 'The Big Health and Care Conversation' to ask for the public's views on how the best care can be delivered in the most effective way within available resources. Our ambition is to provide high quality care, good health outcomes and value for money for people living in the county. Oxfordshire's healthcare leaders, with doctors, nurses and patients' input, have been considering this feedback when developing options for how to make care clinically and financially sustainable for the future, across the following services:

- Maternity and children's services
- Learning disability, mental health and autism services
- Specialist advice and diagnostics (outpatient services and planned operations)
- Urgent care
- Primary care

A first phase public consultation on critical care, stroke care, reducing hospital admissions, and maternity services is scheduled to begin in early 2017.

**In Berkshire West**, the focus continues to be on strengthening partnership working through the Berkshire West 10 Integration Programme, a project which integrates services provided by health and social care, and the Berkshire West Accountable Care System initiative, which aims to encourage closer working between CCGs and NHS Trusts to improve services for patients. Both programmes are beginning to demonstrate the possible benefits provided by greater collaboration.

Delivering on the ambitions outlined in our Sustainability and Transformation Plan cannot be done by NHS and social care organisations alone. We need everyone to get involved. Achieving real change relies on everyone taking responsibility for their own health and wellbeing - health and care professionals, individuals, voluntary and community sector, patient groups and organisations within our communities which already make a big difference to people's lives. As the STP is developed and discussed, we will be actively seeking your views and expertise as we work together to develop and implement it.

Yours sincerely

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